





# July 2009

WAUKEGAN COMMUNITY UNIT S.D. #60



Summer Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
				
29	30	1	2	3
		<b>BLUEBERRY MUFFIN</b> Grape Juice Assorted Jelly Margarine Milk	<b>CORN POPS</b> Honey Belly Bears Orange Tangerine Juice Milk	<b>FROSTED FLAKES</b> Vanilla Grahams Blended Fruit Juice Milk  <i>High School Only</i>
6	7	8	9	10
<b>FRUIT LOOPS</b> Honey Belly Bears Orange Tangerine Juice Milk	<b>CRISPIX</b> Graham Crackers Apple Juice Milk	<b>APPLE MUFFIN</b> Blended Fruit Juice Assorted Jelly Margarine Milk	<b>COCOA KRISPIES</b> Jungle Crackers Apple Cranberry Juice Milk	<b>CORN FLAKES</b> Plain Donut Grape Juice Milk  <i>High School Only</i>
13	14	15	16	17
<b>WHOLE GRAIN KIX CEREAL</b> Strawberry Waffle Cracker Apple Cranberry Juice Milk	<b>CINNAMON SWIRLS CEREAL</b> Apple Granola Square Orange Juice Milk	<b>BLUEBERRY MUFFIN</b> Grape Juice Assorted Jelly Margarine Milk	<b>CORN POPS</b> Honey Belly Bears Orange Tangerine Juice Milk	<b>FROSTED FLAKES</b> Vanilla Grahams Blended Fruit Juice Milk  <i>High School Only</i>
20	21	22	23	24
<b>FRUIT LOOPS</b> Honey Belly Bears Orange Tangerine Juice Milk	<b>CRISPIX</b> Graham Crackers Apple Juice Milk	<b>APPLE MUFFIN</b> Blended Fruit Juice Assorted Jelly Margarine Milk	<b>COCOA KRISPIES</b> Jungle Crackers Apple Cranberry Juice Milk	

"This institution is an equal opportunity provider." \*\*\*Menu Subject to change. Preferred Meal Systems does not purchase or produce harmful products containing artificial trans fat. However, some products such as beef and cheese contain naturally occurring trans fat which is not harmful.